



**ALL YOUTH ARE WELCOME**

**MAGNUS ELIASON RECREATION CENTRE (MERC)**

**430 LANGSIDE BETWEEN PORTAGE & ELLICE**

# 24 HOUR EMERGENCY LINES

**Klinic Crisis Line: 204.786.8686**

**Klinic Sexual Assault Line: 204.786.8686**

**Kids Help Phone: 1.800.668.6868**

**Manitoba Suicide Line: 1.877.435.7170**

**Youth Mobile Crisis: 204.949.4777**

**Ikwe Widdijitwin Crisis line 1.800.362.3344**

**911**

# YOUTH DROP IN SERVICES

**Daniel McIntyre/St. Matthews Community Association (DMSMCA)**

**823 Ellice Ave | [dmsmca.ca](http://dmsmca.ca)**

**204.774.7005**

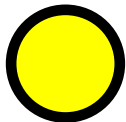
computers | phone | printing | safer sex supplies | harm reduction supplies

**Ndinawe Youth Resource Centre**

**472 Selkirk Avenue | [ndinawe.ca](http://ndinawe.ca)**

**204.589.5545**

emergency housing | counselling | recreation | meals | housing help  
cultural activities



**RAY (Resource Assistance for Youth): up to age 29**

**125 Sherbrook Street | [rayinc.ca](http://rayinc.ca)**

**204.783.5617**

computers | clothing | showers | laundry | recreation | housing help  
crisis support | mental health & addictions support | supplies | meals

**Rossbrook House**

**658 Ross Avenue | [rossbrookhouse.ca](http://rossbrookhouse.ca)**

**204.949.4090**

recreation | meals | cultural activities

**Spence Neighbourhood Association Youth Drop In: ages 12-18**  
**430 Langside Street | [spenceneighbourhood.org](http://spenceneighbourhood.org)**  
**204.783.5000**

dinner | recreation | supplies | cultural activities

## **FREE HEALTH SERVICES**

**Klinik Teen Walk-In**

**870 Portage Ave | [klinik.mb.ca](http://klinik.mb.ca)**

**204.784.3090**

clinic | safer sex supplies | testing | counselling

**Nine Circles Community Health Centre**

**705 Broadway | [ninecircles.ca](http://ninecircles.ca)**

**204.940.6000**

safer sex supplies | harm reduction supplies | testing

**Street Connections**

**Office: 496 Hargrave Street | [streetconnections.ca](http://streetconnections.ca)**

**204.981.0742**

safer sex supplies | harm reduction supplies | testing | advocacy | counselling  
home visits

## **Our Place – Safe Space for Sex Workers**

**823 Ellice Ave (at Arlington St.)**

**204.774.7005 ext 103**

computers | phone | fun activities | art & cultural activities | safer sex  
supplies harm reduction supplies | testing once a month | meal

## **Mount Carmel Clinic Teen Drop In**

**886 Main Street | [mountcarmel.ca](http://mountcarmel.ca)**

**204.582.2311**

clinic | testing | counselling | safer sex supplies | parenting  
support

## **Women's Health Clinic**

**419 Graham Avenue | [womenshealthclinic.org](http://womenshealthclinic.org)**

**204.947.1517**

counselling | birthing & mothering care | birth control & safer sex supplies

# **LEGAL ASSISTANCE**

## **Legal Help Centre**

**Portage Place Mall 2nd Floor**

**204.258.3096**

**[legalhelpcentre.ca](http://legalhelpcentre.ca)**

## **Children's Advocate Office**

**346 Portage Ave.**

**204.988.7440 | 1.800.263.7146**

**[childrensadvocate.mb.ca](http://childrensadvocate.mb.ca)**

**WEST END 24 HOUR SAFE SPACE**

**A SAFE SPACE  
FOR ALL YOUTH**

11 PM-7 AM

Friday-Saturday &  
School Holidays

Call/text: 204.333.9681

**Facebook.com/westend247**