

# HOUSING RESOURCES



Financial Assistance

Housing Supports

Housing Providers



## Financial Assistance

### Community Financial Helpline

Info and support for people with low income  
<https://communityfinancialhelpline.ca/>  
431-813-4357 (1-855-955-4234 toll free)

### Manitoba Helps

Interest-free loans to help secure, maintain or stabilize housing  
<https://manitobahelps.com/>  
204-222-2181 (1-800-417-8830 toll free)

### EIA

Provincial income assistance program  
<https://gov.mb.ca/fs/eia/>  
204-948-4000 (204-945-0183 after hours)

### Rent Assist

Monthly benefit for low income renters  
[https://gov.mb.ca/fs/eia/rent\\_assist.html](https://gov.mb.ca/fs/eia/rent_assist.html)  
204-945-2197

### CMHB

Portable shelter benefit that can be stacked with Rent Assist  
[https://endhomelessnesswinnipeg.ca/what-we-do/canada\\_manitoba\\_housing\\_benefit/](https://endhomelessnesswinnipeg.ca/what-we-do/canada_manitoba_housing_benefit/)  
204-915-6940

### CMHB Youth

Portable shelter benefit for youth aging out of CFS care  
<https://www.manitoba.ca/housing/progs/cmhb/cmhb-youth.html>

### Sara Riel

Portable rent subsidy for low income individuals with a mental health disability  
<https://sarariel.ca/our-services/portable-housing/>  
204-237-9263

## Housing Supports

### Tenant Landlord Cooperation

Helps tenants understand their responsibilities and advocate for their rights  
<http://necrc.org/index.php/services/housing/>  
204-927-2335

### Winnipeg Rental Network

Web-based database for affordable rental housing in Winnipeg  
<https://www.winnipegrentnet.ca/>  
204-414-8220

### Spence Neighbourhood Association

Assists with finding, keeping, maintaining housing and being part of the community  
<https://spenceneighbourhood.org/program/holistic-housing/>  
204-999-4485

### West Central Women's Resource Centre

Supports women seeking housing  
<https://wcwrc.ca/housing-income/>  
204-774-8975 x208

### Resource Assistance for Youth (RaY)

Helps youth find safe, secure housing  
<https://rayinc.ca/get-help/housing/>  
204-783-5617 x202

### Eagle Urban Transition Centre

For First Nations people moving to the city  
<https://eagleutc.com/>  
204-954-3050

### New Journey Housing

For newcomers seeking housing  
<https://newjourneyhousing.com/rental/>  
204-942-2238

## Rental Housing

### Manitoba Housing

Subsidized rental housing  
<https://www.gov.mb.ca/housing/>  
204-945-4663

### Sponsor Managed Social Housing

Rental housing for low income families  
[https://www.gov.mb.ca/housing/progs/public\\_housingsponsor.html](https://www.gov.mb.ca/housing/progs/public_housingsponsor.html)  
204-945-4661

### Winnipeg Housing Rehabilitation Corp.

Non-profit community housing  
<https://www.whrc.ca/>  
204-949-2880

### U of W Community Renewal Corp.

Housing below median market rent  
<https://www.downtowncommons.ca/>  
<http://www.westbroadwaycommons.ca/>  
<https://www.museflatswinnipeg.ca/>

### S.A.M. Management

Non-profit community housing  
<https://www.sam.mb.ca/>  
204-942-0991

### Murdoch Management

Non-profit community housing  
<https://www.lifelease.ca/>  
204-982-2000

### Dakota Ojibway Tribal Council

Housing for Indigenous families  
<http://www.dotc.mb.ca/DOTCHAI.html>  
204-988-5375

### Kinew Housing

Indigenous-led subsidized housing  
<https://www.kinewhousing.ca/>  
204-956-5093

## Transitional Housing

### **Salvation Army Centre of Hope**

For adults aged 18+

<https://wpgboothcentre.ca/programs.html>

204-946-9490

### TRANSITIONAL HOUSING - YOUTH

### **Chu Manitou Tanka Oyati Tipi**

For youth aged 16-17

<https://ndinawe.ca/program/chu-manitou-tanka-oyati-tipi/>

204-417-7233

### **Exit Up!**

For Indigenous youth exiting CFS care

<https://www.siloam.ca/service/youth-supports-housing/>

204-956-4344 x2115

### **Ma Mawi Wi Chi Itata**

For youth in or exiting CFS care

<https://www.mamawi.com/children-in-care/>

204-925-6818

### **Memengoo**

For youth and young adults, including young families, impacted by CFS

<https://shawenim-abinoojii.ca/index.php>

204-949-9407

### **Pan Am Place**

For young men aged 18-29 who are experiencing or at risk of homelessness

<https://panamplace.com/>

204-515-2048 x10

### **SAIL**

For youth aged 16-20 in CFS care

[https://www.knowledscentre.org/supported\\_a\\_dvancement\\_to\\_independent\\_living](https://www.knowledscentre.org/supported_a_dvancement_to_independent_living)

204-339-1951 x148

### TRANSITIONAL HOUSING - WOMEN

### **Ikwe Widdjiitiwin**

For women exiting domestic violence

<http://www.ikwe.ca/Programs.page>

1-800-362-3344

### **Bravestone**

For women exiting domestic violence

<https://bravestonecentre.ca>

204-275-2600

### **Wahbung Abinoonjiag**

For families exiting domestic violence

<https://www.facebook.com/wahbung225/>

204-925-4610

### **L'entre temps**

For francophone women exiting domestic violence

<https://www.chezrachel.ca>

1-800-668-3836

### **Indigenous Women's Healing Centre**

For Indigenous women

<http://iwhc.ca/>

204-989-8240

### **North End Women's Centre**

For women recovering from problematic substance use and/or sexual exploitation

<https://newcentre.org/transitional-housing>

204-589-7347

### **Villa Rosa**

For pregnant women and new mothers

<https://www.villarosa.mb.ca/>

(204) 786-5741 x223

### **Holy Names House of Peace**

For newcomer women

<https://www.houseofpeace.ca/>

204-942-5535

### TRANSITIONAL HOUSING - NEWCOMERS

### **IRCOM**

For newcomer families

<https://www.ircom.ca/housing/>

204-943-8765

### **Welcome Place Residence**

For refugees

<https://miic.ca/settlement-services/>

204-977-1000

### **Naomi House**

For refugees

<https://naomihouse.info/>

204-415-1752

### TRANSITIONAL HOUSING - RECOVERY

### **Red Road Lodge**

For adults recovering from mental health or addictions concerns

<https://redroadlodge.ca/>

204-294-8670

### **Morberg House**

For men experiencing homelessness, mental health and addictions challenges

<https://stbonifacestreetlinks.com/our-initiatives/morberg-house/>

204-294-7637

### **Addictions Recovery**

Second stage recovery homes for men

<https://addictionsrecovery.ca/>

204-586-2550

### **Two Ten Recovery**

Abstinence-based housing, 12 Step

<https://twotenrecovery.org/>

204-219-5210

## Supportive Housing

### **Mainstay and The Bell Hotel**

Supported living with harm reduction

<https://www.mainstreetproject.ca/programs-and-services/residential-supportive-housing/>

204-982-8229

### **The Madison**

For people exiting or at risk of homelessness with barriers to employment, disabilities

<https://www.siloam.ca/service/madison-supportive-housing/>

204-956-4344

### **WICM First Steps to Employment**

Life skills supports for adults aged 30-50

<https://wicm.ca/programs-and-services/home/>

204-942-8682 x223

### **Ten Ten Sinclair Housing**

For people living with physical disabilities

<https://tenten.mb.ca/>

204-339-9268

### **New Directions**

For people with intellectual disabilities

<https://newdirections.mb.ca/adult-home-support-services/>

204-786-7051

### **Friends Housing**

For persons who have a chronic mental illness and for low-income families

<https://www.friendshousinginc.ca/>

204-953-1160

**\*NOTE: Many rental, transitional and supportive housing providers listed have wait lists. Please contact providers directly for information.**